## ABSTRACT OF THE DISCLOSURE

A method of adapting a mobile telecommunication system to channel conditions. To control transmission of a data packet from an access network 5 (AN) in both a link adaptation scheme and an ARQ (Automatic Repeat reQuest) scheme, an access terminal (AT) compares the received power of a forward pilot signal received from the AN with a predetermined first threshold, checks errors in the data packet of a received time slot if the reception power is greater than the first threshold, and transmits a signal requesting termination of retransmission of the data packet to the AN if no errors are found in the data packet after decoding.